Now let's formulate an address routine to be repeated each time until you no longer consciously think about it. Grip the club and stand slightly behind and to one side of the ball. Mentally draw the line of flight (Fig. 29).

With your arms extended, bend slightly at the hips, ground the clubhead directly behind the ball so that the clubface is perpendicular or "square" to the intended line of flight. (Fig. 30). Sight your target once again.

Place your target foot forward on the foot line (Fig. 31) and move your rear foot a greater distance back (Fig. 32), so that the ball is forward of center.

Now make any movements (a waggle of the club, another look at the target) which will get you set to swing (Fig. 33). Swing!