The Grip - Lesson 2

(1) Extend your left hand (palm facing away from the target) and place it on the grip of the club below the cap. Make sure the clubhead is grounded and the clubface is squarely aligned with your target.

(2) Close your fingers so that the shaft lies diagonally across the second joint of the index finger, in order to form a combination finger-and-palm grip.

(3) Close your hand with thumb positioned slightly to the right of the top of the shaft, and the index finger as though it were pulling a trigger.

(4) Move your right hand over to the shaft, palm squarely facing the target, as shown.