Reserve: Robin & Foster. *Negotiating parent-adolescent conflict*

1. Spivak, Platt, and Shure have argued that there are seven basic skills needed for rational problem solving. Please briefly define the skills on this list.

   *Problem Finding*
   *Problem Definition*
   *Generation of Solutions*
   *Evaluation*
   *Decision Making*
   *Implementation Planning*
   *Verification*

2. Please define the cognitive distortions on the following list:

   *Arbitrary Inference*
   *Autonomy*
   *Fairness*
   *Obedience*