Reserve: Robin & Foster. *Negotiating parent-adolescent conflict*

1. Spivak, Platt, and Shure have argued that there are seven basic skills needed for rational problem solving. Please briefly list the definitions for the following skills.

   - Problem Finding
   - Problem Definition
   - Generation of Solutions
   - Evaluation
   - Decision Making
   - Implementation Planning
   - Verification

2. Please list the definitions for the following cognitive distortions.

   - Arbitrary Inference
   - Autonomy
   - Fairness
   - Obedience