1. Which of the following is NOT considered essential knowledge or an essential skill for culturally effective counseling?
   - Ability to accurately send and receive verbal and non-verbal messages.
   - Ability to have clients intensify feelings by helping them to re-experience early childhood events.
   - Ability to modify techniques to accommodate cultural differences.
   - Awareness of culture-specific methods of helping.
   - Awareness of barriers that impede clients from specific cultural groups from obtaining helping services.

2. Arredondo and her colleagues outlined three categories of knowledge about a client’s worldview that characterized culturally competent counseling. Please briefly (one sentence) list and describe each.
   2.01. __________________________________________________________________________________
   2.02. __________________________________________________________________________________
   2.03. __________________________________________________________________________________

3. Schriver discussed four categories of diversity. List and define each of the following briefly and clearly in your own words.
   3.01. Diversities and worldviews: __________________________________________________________
   3.02. Diversity within diversity: __________________________________________________________
   3.03. Multiple diversities: _________________________________________________________________
   3.04. Interrelatedness and interconnectedness of human beings: ________________________________

4. The authors suggest that appropriate problem definition should allow a worker to determine four important issues surrounding the problem. Briefly, list these issues.
   4.01. __________________________________________________________________________________
   4.02. __________________________________________________________________________________
   4.03. __________________________________________________________________________________
   4.04. __________________________________________________________________________________