Study Questions - Session 4
DUE: 09/23/02

Study question answers must be typed and single-spaced. Where the question calls for a list, each item on the list should be on its own line.
Answers should be BRIEF.

Text: Ellis
1. In some instances there may be dangers and/or disadvantages to having an "elegant solution" as a goal for some traumatized or disabled clients. VERY BRIEFLY, what are the dangers/disadvantages Ellis discussed?

Text: Brown & Brown
1. Identifying a couple’s strengths and resources is a useful way of “joining” with a couple. Hannah and Brown identified six helpful activities. Please list them.
2. There are times when couples therapy may not be the best available technique. Please list Karpel’s contraindications for couple therapy.
3. The authors give four criteria for setting priorities for intervention. Please list them.

Text: Reserve - Handout: Specifying Problems, Specifying Goals
1. When George’s eight year old son, Little George, does not follow instructions, he says, “Boys will be boys” and lets it go at that. As a result, Little George never follows instructions. George and his wife, Barbara, agree that their concern is that George encourages Little George’s noncompliance with instructions whenever Little George fails to follow George’s instructions.
   a. Write an appropriate goal for this problem following the format in the handout examples.
   b. Then identify each of the components in the sentence (Who? Will do what? To what extent? Under what circumstances?).

Text: Reserve - Tavris
1. It is sometimes argued that men tend to value autonomy and fear intimacy, while women tend to value attachment and seek intimacy. Tavris reported some research findings on this. Briefly, what were the general findings?

1. Briefly, how does Cowger distinguish between assessment and diagnosis?