COVII-19
positive or
exposed

WHEN CAN I BE AROUND OTHERS AGAIN?

Close Contact and Quarantine

SCENARIO 1

Sasha’s partner gets sick on Monday and isolates in a separate room. Sasha feels well, but she was in close contact with her partner until Monday so she needs to quarantine for 14 days.

Isolation with Brief Illness

SCENARIO 3

Bill gets sick on Thursday. He feels better and his fever ends on Monday. Even though he seems well earlier, he still must isolate for a full ten days since his symptoms started.

Asymptomatic Case

SCENARIO 4

Amy’s co-worker tested positive for COVID-19. Amy began to quarantine and decided to get tested after 5 days even though she never felt sick. Her test comes back positive.

Household Quarantine and Isolation

SCENARIO 5

Tom’s son, Jake, was exposed at school. Jake quarantines for 4 days and gets sick. Now, Jake isolates and Tom quarantines. Tom cares for Jake. He is exposed until Jake’s isolation ends.

Isolation - for people with symptoms or a positive COVID-19 test.
Quarantine - for people who are well but who are close contacts of (i.e. exposed to) someone who is ill.
Close contact - someone who was within 6 feet of a person who is sick for 15 minutes or more (can be cumulative) within a 24-hour period. This can be anytime during the sick person’s isolation or two days before the person got sick. This is regardless of face mask use.

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