

# STUDENTS: WHAT DO I DO?

## IF YOU WERE EXPOSED TO COVID-19

Regardless of vaccination status, you must **monitor for symptoms** for at least 5 days. There is no need to quarantine if no symptoms are present.

Seek a **COVID-19 test**.

The CDC recommends continue monitoring for symptoms and wearing a mask for **10 days**.

## IF YOU HAVE SYMPTOMS OF COVID-19

**Isolate** and do not go to class or any social event, regardless of vaccination status.

Seek a **COVID-19 test**.

You **must** contact and work with your instructor to ensure all coursework is completed in a timely manner.

If COVID negative, return to normal activities after you are feeling better. If COVID positive, return to normal activities after five days if you have no symptoms.

## IF YOU HAVE A POSITIVE COVID-19 TEST RESULT

Regardless of vaccination status, **isolate\*** for 5 days from the onset of symptoms.

Contact your **doctor** or call the **Olin Health Center** if your symptoms worsen.

\*MSU no longer provides quarantine and isolation space for residential students. All students should create a plan for how to handle a positive case within their living situation. Visit [msu.edu/together-we-will/covid19-guidance/](https://msu.edu/together-we-will/covid19-guidance/).

## HOW DO I GET A COVID-19 TEST?

- Visit [go.msu.edu/wHp5](https://go.msu.edu/wHp5) for local testing locations.
- Order free at-home COVID-19 tests from the federal government via [www.covid.gov/tests](https://www.covid.gov/tests).