CARA REMINDER - FINAL EXAM PERIOD
For all sports (other than football) that are out-of-season (8-hour weeks) during the time surrounding the fall exam period, all countable athletically related activities (e.g., practice, film, meetings, skill instruction) are prohibited one week prior to the beginning of the final exam period through the conclusion of each student-athlete’s final exams [December 3-14]. This prohibition applies regardless of whether a student-athlete requests instruction. Student-athletes may participate in voluntary weight training and conditioning activities with the strength and conditioning staff, provided the workout is done at the student-athlete’s request and is voluntary.

HOLIDAY REMINDERS
Greeting Cards: It is not permissible to send traditional greeting cards to prospects, their family, friends, coaches or any other individuals responsible for teaching or directing an activity in which a prospect is involved. The only permissible card you may send is an institutional note card which must follow NCAA guidelines.

Holiday Meals: Occasional meal legislation does apply to vacation periods. Occasional meal request forms must be submitted prior to the meal occurring.

Holiday Gifts: It is not permissible to give gifts to prospective or current student-athletes. A holiday gift would be considered an impermissible extra benefit.

NCAA INTERPRETATION
High School Prospect Job Shadowing Institutional Staff Member
- It is permissible for a high school prospect to work with a MSU staff member to fulfill a community service/career requirement as part of the high school curriculum (e.g., job shadowing requirement), provided (1) the staff member is a noncoaching staff member who does not have sport-specific responsibilities; (2) the institution’s campus is within the locale of the high school campus; (3) the PSA is not recruited while working with the institutional staff member; and (4) such an opportunity is available to any high school student. [11/1/06 Staff]

SNAPCHAT
Snapchat is an app that provides real time picture chatting. The app allows the user to send a picture to his/her friends. The recipient can view the picture for a limited amount of time after which the picture disappears. Snapchat is similar to text messages; therefore, all text messaging legislation applies. In all sports other than men’s basketball, coaches may not use Snapchat to communicate with prospects until the calendar day after the prospect signs a National Letter of Intent or MSU’s written offer of admission and/or financial aid. In men’s basketball, coaches may use Snapchat to communicate with prospects beginning June 15 following the prospect’s sophomore year in high school.

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