CARA REMINDER - FINAL EXAM PERIOD
For all sports (other than football) that are out-of-season (8-hour weeks) during the time surrounding the fall exam period, all countable athletically related activities (e.g., practice, film, meetings, skill instruction) are prohibited one week prior to the beginning of the final exam period through the conclusion of each student-athlete’s final exams [Dec. 1 -14]. This prohibition applies regardless of whether a student-athlete requests instruction. Student-athletes may participate in voluntary weight training and conditioning activities with the strength and conditioning staff, provided the workout is done at the student-athlete’s request and is voluntary.

INDIVIDUAL CONSULTATION WITH A COACH
Pursuant to NCAA Bylaw 17.02.1, individual consultation with a coaching staff member initiated voluntarily by a student-athlete is not a countable athletically related activity, provided any discussion between the coach and the student-athlete is limited to general counseling activities and does not involve activities set forth in Bylaw 17.02.12.1 (e.g., chalk talk; use of equipment relating to the sport; field, floor or on-court activity). [11/7/91 Official Interpretation]

VACATION PERIOD REMINDERS
Student-athletes may not participate in any countable athletically related activities outside the playing season during an institutional vacation period. Student-athletes may work with the strength and conditioning staff, provided the workouts are voluntary and conducted at the request of the student-athlete. The exception that allows coaches in individual sports to participate in individual workout sessions with student-athletes during the summer does not apply to vacation periods that occur during the academic year. Safety exception legislation applies to vacation periods. For those sports without a safety exception, a voluntary activity becomes countable if it is observed by a member of the coaching staff.

COMMUNICATION WITH PROSPECTS DURING A CONTEST
It is not permissible to call a prospect (or the prospect’s relatives or legal guardians) during the conduct of a contest in the coach’s sport from the time the team reports on call at the competition site at the direction of the coach until the competition has concluded and the team has been dismissed by the coach. It is permissible to send electronic correspondence (e.g., electronic mail, Instant Messenger, facsimiles and text messages) to prospects during the conduct of a contest, provided it is otherwise permissible to communicate electronically with the prospect. [13.1.3.2.1, 11/21/14 Staff Interpretation]

ACS UPDATES - INITIAL ELIGIBILITY INFORMATION
Two new functions have been added to ACS which will allow you to view initial eligibility information for your prospective student-athletes (incoming and transfer). You will be able to view initial eligibility information for an entire recruiting class as well as initial eligibility information for individual prospects.

RECRUITING CALENDAR

BASEBALL
Quiet Period: Dec. 1-31

MEN’S BASKETBALL
Recruiting Period: Dec. 1-23, 27-31
Dead Period: Dec. 24-26

WOMEN’S BASKETBALL
Dead Period: Dec. 24-26

CROSS COUNTRY
Contact/Eval. Period: Dec. 1-14
Dead Period: Dec. 15-18
Quiet Period: Dec. 19-31

FOOTBALL
Contact Period: Dec. 1-14
Quiet Period: Dec. 14 (Two-four midyear enrollees only)
Dead Period: Dec. 15-31

SOFTBALL
Quiet Period: Dec. 1-2, 7-31
Dead Period: Dec. 3-6

VOLLEYBALL
Contact/Eval. Period: Dec. 1-7
Quiet Period: Dec. 8-16
Dead Period: Dec. 17-31

DEAD PERIOD REMINDER
During the month of December several sports have dead periods. Prospects may not receive complimentary admissions to MSU athletics events during a dead period unless the prospect has signed a NLI with MSU.

RANDOM TRIVIA
If you received all of the gifts in the song “The Twelve Days of Christmas” you would receive 364 gifts.