RECRUITING CALENDAR

BASEBALL
Quiet Period: Feb. 1-29

MEN’S BASKETBALL
Recruiting Period: Feb. 1-29

WOMEN’S BASKETBALL
Evaluation Period: Feb. 1-29

CROSS COUNTRY
TRACK & FIELD
Contact/Eval. Period: Feb. 1-29

FOOTBALL
Dead Period: Feb. 1-4
Quiet Period: Feb. 5-29

SOFTBALL
Contact/Eval. Period: Feb. 1-29

VOLLEYBALL
Contact/Eval. Period: Feb. 1-29

TIME DEMANDS LEGISLATION UPDATE
At the NCAA Convention in January, the time demands proposals were referred back to the Autonomy Five Conferences and the SAAC for further research. A resolution was adopted by the Power Five conferences which commits the institutions along with national SAAC to bring forward specific legislative proposals regarding a reduction in and greater flexibility regarding athletically related time demands, no later than July 1, 2016 for intended adoption no later than the 2017 NCAA Convention. The proposals shall, at minimum, provide for:

- The establishment of a two-week period at the conclusion of seasons during which student-athletes have no mandatory athletically related activities, allowing greater participation in academic, campus and personal activities;
- The establishment of a policy mandating a full eight-hour period during the night without athletically related activity; and
- The establishment of a full day off per week during the season that addresses the impact of travel time.

In addition, before September 1, 2016, the Autonomy Five Conferences in conjunction with SAAC, shall study, assess and consider proposals that address other time demand issues, including, but not limited to:

- The redefinition of types of athletically related activities, including “countable,” “noncountable” and “exempt” to more accurately reflect the real demands made upon student-athletes;
- The incorporation of the most current research and best practices regarding physical and mental well-being;
- The provision of time opportunities for co-curricular activities; and
- The impact of athletic time demands on academically at-risk students.

RANDOM TRIVIA
Jimmy Carter was the first U.S. president to have been born in a hospital.