CURRENT STUDENT-ATHLETES AND SUMMER WORKOUTS

In all sports, student-athletes may not participate in any countable athletically related activities during a vacation period (outside the playing season). An activity becomes countable when it is required by the coaching staff or the coaching staff is present and directs, participates in and/or observes the activity, regardless of whether the student-athlete requests the coach’s involvement in the activity. Physical punishment (e.g., running laps) is not permissible during the summer since that would be considered a countable athletically related activity.

- Basketball and football exception: Student-athletes may participate in eight weeks of required weight training and conditioning activities, film review (football only) and skill instruction (basketball only) for up to eight hours per week (with a maximum of two hours of skill instruction and film review).
- Safety exception sports: Safety exception legislation does apply during the summer vacation period.
- Individual sports: Coaches may participate in individual workout sessions with student-athletes, provided the request for assistance is initiated by the student-athlete.

During the summer vacation period, student-athletes may participate in weight training and conditioning activities conducted by the strength and conditioning staff, provided the workouts are voluntary and conducted at the request of the student-athlete. In order for an activity to be considered voluntary the following conditions must be met:

- Student-athletes may not be required to report back to the coaching staff any information related to the workout.
- Athletics department staff members who observe the student-athlete’s workout (e.g., athletic trainer, strength coach) may not report any information related to the student-athlete’s workout back to the coaching staff.
- The activity must be initiated and requested solely by the student-athlete.
- Student-athletes may not be rewarded or punished for choosing to participate in or opt out of strength and conditioning workouts.

TRANSFER POLICY CHANGE

The Board of Directors adopted a change to the waiver policy for undergraduate transfer student-athletes. The change will allow student-athletes who cannot transfer and play immediately without a waiver to be allowed a sixth year to complete four years of eligibility. The change would impact baseball, basketball, bowl subdivision football and men’s ice hockey student-athletes as well as student-athletes in other sports who already used the one-time transfer exception. The policy change will eliminate the ability for transfers to receive waivers to play immediately. Student-athletes would still need to present mitigation to be eligible for the extension. The policy change will be effective immediately for transfer student-athletes who enroll during the 2015-16 academic year.

RECRUITING CALENDAR

**BASEBALL**
Contact/Eval. Period: May 1-30

**MEN’S BASKETBALL**
Quiet Period: May 1-21
Dead Period: May 22-30
Quiet Period: May 31

**WOMEN’S BASKETBALL**
Quiet Period: May 1-31

**CROSS COUNTRY**
Track & Field
Contact/Eval. Period: May 1-31

**FOOTBALL**
Quiet Period: May 4, 11, 18, 25-26
Evaluation Period: May 1-3, 5-10, 12-17, 19-24, 27-31

**SOFTBALL**
Contact/Eval. Period: May 1-26
Dead Period: May 27-31

**VOLLEYBALL**
Quiet Period: May 1-23
Contact/Eval. Period: May 24-31

ELIGIBILITY CENTER REMINDERS

As the academic year winds down prospects should note the following:

- Final official high school transcripts, with a graduation date, must be sent to the Eligibility Center.
- All ACT and SAT score reports must be sent to the Eligibility Center directly by the testing agency.
- Prospects must finalize their amateurism certification.

RANDOM TRIVIA

“Stewardesses” is the longest word that is typed with only the left hand.