**Contact/Evaluation Period:** In individual sports, an institution uses an evaluation only for those prospects the coach observes engaging in practice or competition.

**Quiet Period:** Only in-person, on-campus contact is permissible. Contacts and evaluations are NOT permissible.

**Dead Period:** In-person, on- or off-campus contacts and evaluations, official and unofficial visits are prohibited.

**MSU is limited to seven recruiting opportunities (contacts and evaluations combined) per prospect. During the prospect’s senior year in high school, not more than three of the seven opportunities may be contacts. All contacts and evaluations that occur during the academic year count against the permissible number of recruiting opportunities. Evaluations that take place during the summer are considered outside the academic year and do not count against the number of recruiting opportunities. Contacts that occur outside of the academic year do count against the contact limits. A contact that occurs on the same day as an evaluation counts as one recruiting opportunity and is considered a contact only.**

In individual sports, an institution uses an evaluation only for those prospects the coach observes engaging in practice or competition.

**NLI Initial Signing Day: Regular Signing Period: February 5 - August 1, 2014**