Cathy’s Corner

Sideout Club,
As we enter the month of November, we find ourselves in the middle of EIGHT Big Ten teams separated by just 1 conference match! (Full conference standings can be found on page 4.) The parody of the Big 10 this year makes each and every match so fun and exciting to be a part of. In the past two weeks, we have been able to upset two Top-20 teams with the help of outstanding fan support! (Our attendance of 2200 vs. Michigan was a season high! Thank you!)

With 8 matches remaining on the schedule, we know there is still opportunity to thrust ourselves into the top tier. It is crucial that we stay on course and fight to maintain consistency down the stretch in all aspects of the game. We know that we are in control of our own destiny this season and we look forward to the opportunity to take this program to new heights!

Our match vs. Ohio State will be “Girl Scout Night,” so we hope you will help inform your local troop to wear their uniforms and come see a match as guests of the Spartans!

The match vs. Penn State on Saturday November 10 will be a Kidney Campaign event and will be shown live on the Big Ten Network. There has been a change to the start time, the match will now begin at 5pm. Please note the change!

We hope that you will join us as we move into the final month of the season against very talented teams. We know that we will be well prepared as we face each opponent for the second time and hope you will join us as it is going to be an exciting ride for all us!

Go Green

Cathy

The Service Line

October 28, 2007

Volume XIII Issue 3

Volleyball news from the MSU SideOut Club

In This Issue:
- Cathy George Update
- Learn the newest volleyball terminology
- Hear from Allyson Karaba and Vanessa King
- Upcoming SideOut Club Events

Inside this issue:

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In Their Words...
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2007 BIG TEN Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Nov. 2</td>
<td>@ Wisconsin</td>
<td>8pm EST</td>
</tr>
<tr>
<td>Nov. 3</td>
<td>@ Illinois</td>
<td>8pm EST</td>
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<tr>
<td>Nov. 9</td>
<td>OHIO STATE</td>
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<tr>
<td>Nov. 10</td>
<td>PENN STATE</td>
<td>5pm EST</td>
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<tr>
<td></td>
<td></td>
<td>(Chalk Talk—4:10pm Room 209)</td>
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<tr>
<td>Nov. 16</td>
<td>@ Minnesota</td>
<td>8pm EST</td>
</tr>
<tr>
<td>Nov. 17</td>
<td>@ Iowa</td>
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<td>Nov. 23</td>
<td>PURDUE</td>
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<tr>
<td>Nov. 24</td>
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<td>6:30pm EST</td>
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<tr>
<td>Nov. 25</td>
<td>NCAA Selection Show</td>
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The Spartans are 5-3 in their last 8 matches this season with wins over #13 Minnesota and #20 Michigan.
In their own words.... Allyson Karaba

My name is Allyson Jean Karaba and I am a freshman from North Muskego, MI. I have 3 younger sisters: Mandi, Emmy, and Maggie. I started playing volleyball in 7th grade just because I loved playing sports and it was something to do. Little did I know that I would soon love the game and become good at it. My high school team had a lot of success. We won the state championship my junior year and were 2nd my senior year. From these two seasons, I learned I love to win and hate to lose. In high school, I was an outside hitter so I loved pounding the ball for a kill, but I actually like to be on the receiving end of that hard driven ball even more. There is nothing like the feeling of digging a ball the opponent thought was going to be a kill. Defense is what gets the offense going; ball control is the base of any volleyball team and I am so excited to be a part of that on this MSU volleyball team. To me, being a Spartan means being proud to wear the green and white and never being satisfied with less than your best on and off the court.

-Allyson

"Vollingo" — Volleyball Terminology

Soft Block - A defensive move by a front-line player who gently blocks an opposing attack player’s shot in order to redirect the ball to a teammate. The intent is to allow his or her team to perform a quick set and spike.

Spatchie - An attacked ball which is hit in a manner different than desired. For example, a ball hit without top spin, which makes contact with only the fingers. Many times a spatchie will float (like a knuckleball). And more often than not, it will fly WAY out of bounds! AKA—Waffle Ball

Footie- Any dig with the foot, which is legal. Our team gets excited when they footie a ball.

Foofy—this is a term we use to describe a player who tips and rolls a lot rather than hitting the ball hard. It would be used like this, “She hasn’t been hitting the ball, so heads up for something Foofy.”

You Make the Call!

Mischelle Nelson is blocking at the net vs. Wisconsin. After going up in an attempt to block the ball, Mischelle turns to find the dig. As she turns, Mischelle’s long hair whips into the net. The Badgers want a net violation called. You make the call?

It’s 40-40 in a game vs. Iowa. Both teams are out of time outs and substitutions for the remainder of the game. An Iowa player runs into the scorer’s table to save a ball that puts the Hawkeyes ahead 41-40 and before that same player has to go back and serve. Unfortunately, the Iowa player hurt her hand on the play and cannot serve properly with her dominant hand. She decides to kick the ball over instead. Is that legal?
In 7th grade, I decided to try out for volleyball because my friend was doing it. There was an A and B team and I almost didn't make it on the A team, but the coaches decided to keep me because I was tall. My greatest volleyball moment was beating the defending high school state champs for the conference title in 4 games my senior year of high school, but hopefully, better moments are to come in college. My favorite thing to do in volleyball is block balls so our defense doesn't have to do anything. Plus, you get on immediate point and nothing gets me more pumped than blocking someone who hit it as hard as they could! What inspires me to play and get better is wanting to achieve the feeling that you are the best player you can be and knowing the game so well that it becomes so simple. Also, always being hungry for a championship in front of thousands of people.

-Vanessa

Who Am I?!

- I enjoy dancing
- My favorite movie is Little Miss Sunshine
- I've met Rick Hamilton
- My middle name is Florine
- I plan on majoring in political science/pre-law
- I graduated from Andover High School
- I am red-shirting the 2007 season.

Did you Know?

- The win vs. #13 Minnesota was Cathy George's first win over a Top 15 team since her arrival at Michigan State! Congratulations Cathy!
- Lauren O'Reilly was awarded Big Ten player of the week for leading the Spartan offense to two 3-game victories over Iowa and Minnesota. The last player to win the award for the Green and White was Ashley Schatzle (10/16/06)
- Katie Johnson just surpassed the 200 Career block mark vs. Iowa.
- Earlier this season, Ashley Schatzle surpassed the 1,000 Career kill mark as a member of the Spartans.
- Prior to playing in the Jenison Field House, the Spartans competed in IM West.
- With the victory over #20 Michigan on 10-27, the Spartans retained the State Pride Flag for 2007
## BIG TEN STANDINGS

Through 10-28

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<th>School</th>
<th>Conf.</th>
<th>Overall</th>
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