Saturday, April 16th—Jenison Field House
MSU Spring Home Tournament
(all games are two sets to 25)

1) What can a blocker do to prevent attackers from “tooling” her?
A blocker can stay low and tight to the net, and press their hands towards
the middle back of the court. This is not foolproof, of course, as the hitter
definitely has the advantage.

2) What is “swing blocking” and what are its advantages and disad-
vantages?
Swing blocking is a blocking technique that incorporates using one’s arms and
body to jump aggressively while blocking. Advantages include the ability to
move more dynamically and added verticality while blocking. The disad-
vantages are that the blocker frequently does not penetrate the net fast
enough and often drifts out towards the antennae, which opens a seam.

3) Can a player cross the center line as long as she does not interfere with
an opposing player?
This rule has changed several times recently. At this point, I believe that fully
crossing the center line is not legal, regardless of interference.

back player must be behind the right front player, and to the right of the mid-
ble back player. Middle back must be behind middle front, and between right
and left back. Left back must be behind left front, and to the left of middle
back. Of course, different serve receive patterns shift players around and it
might appear confusing, but those rules govern how those shifts can be creat-
ed.

REMINDER!
The SOC annual meeting is Saturday, April 16th at
Noon in Jenison Field House, Room 209.
Welcome Mike Owen!
New Volunteer Assistant joins Michigan State Volleyball Staff

The quick and dirty on Mike:
Varsity Sport: Volleyball
Position: Outside Hitter
Hometown: Madison, WI
Favorite Food: Pizza or “a good toasted sandwich”
Favorite Color: Green—he’s in the right place!
Favorite Movie: Remember The Titans
Fun Fact: Mike started at every position minus Libero at some point in his college career. He also drives a 2001 Mercury Grand Marquis.

That was a teaser. More to come next issue...

Save the Date
Monday, June 6th
RSVP Charity Golf Event
Ledge Meadows Golf Course in Grand Ledge

- Honorary Chair — MSU Volleyball Coach, Cathy George
- 4 person scramble team scoring
- “Play Forward” for men, women, co-ed & seniors in 18 hole layout
- The format is unique, geared to speed of play

Help us raise funds to supplement our services and volunteers while enjoying an affordable social day on the links.
More information coming.

Phone: 517 887-6116
Fax: 517 887-7313
E-mail: community@rsvp-lansing.com

Like to golf? Like to support local organizations?
Join Honorary Chair, Coach Cathy George, to help raise money to support the Retired & Senior Volunteer Program of Ingham, Eaton and Clinton Counties. RSVP serves 68 agencies and has 614 volunteers out in our local community.

More information about RSVP can be found at rsvplansingarea.com