七点半
起床
get up
at 7:30
洗了澡以后
after
 take a
 shower
一边吃饭
一边听录音
eat while listening to the tape
到教室
去上课
go to the classroom for a class
教我们发音
teach us pronunciation
给了我们
一篇新课文
gave us a piece of new text
到餐厅去吃午饭
to the cafeteria

go eat lunch
一边吃
一边练习
说中文
eat while practicing speaking Chinese
到图书馆
去看报
to the Library

go read

newspapers
来找我
去打球
come looking for me to play ball
去小白的宿舍
go to Little Bai’s dorm
到那儿的时候
when I get there
正在
做功课
be doing homework
睡觉
以前
before go to bed
他已经知道了
he already knew that