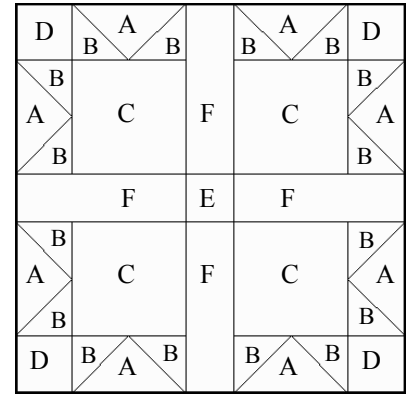
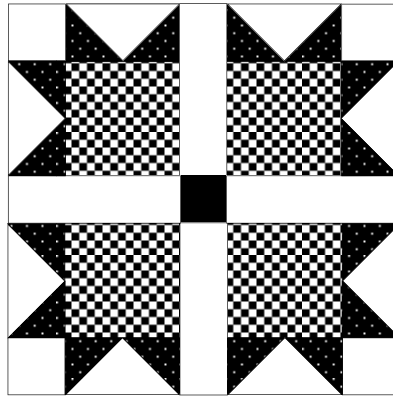


BEST FRIEND

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Use this pattern in a **Block By Block** quilt or anywhere you need a 12" (12½" x 12½" with seam allowances) block.

All instructions include ¼" seam allowances.



Rotary Cut

From the fabric for A, cut 2 squares, 4¾" x 4¾",
cut each square twice diagonally, to yield 8 triangles.

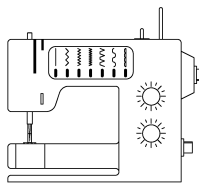
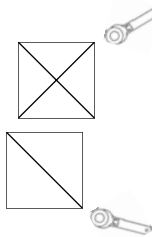
From the fabric for B, cut 8 squares, 2⅝" x 2⅝",
cut each square once diagonally to yield 16 triangles.

From the fabric for C, cut 4 squares, 4" x 4".

From the fabric for D, cut 4 squares, 2¼" x 2¼".

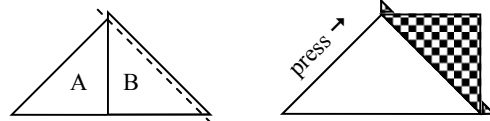
From the fabric for E, cut 1 square, 2" x 2".

From the fabric for F, cut 4 rectangles, 2" x 5¾".

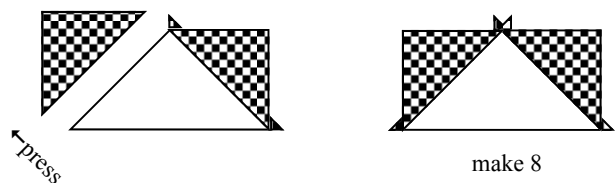


Machine Piece

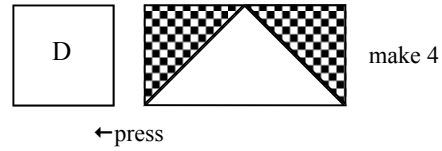
1. Stitch a triangle B to the right hand side of 8 triangles A. Align the long edge of the B's with the short edges of the A's. The tips of the B's extend above the A's. Press toward the B's.



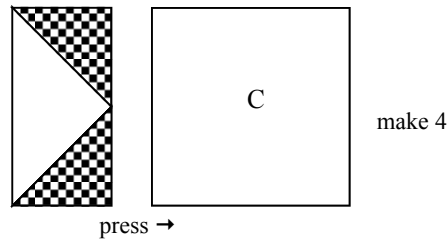
2. Repeat step 1, but this time attach the B triangles to the left hand side of the A's. Press toward the B's to make 8 rectangles that measure 2¼" x 4". Trim any tips that extend beyond the unit.



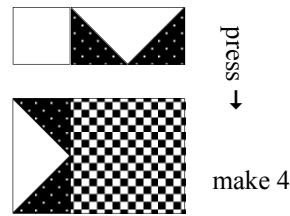
3. Stitch 4 of the units from step 2 to the squares D.
Press toward the D squares.



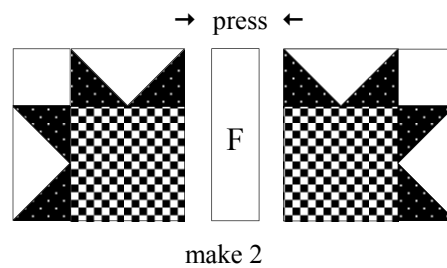
4. Stitch the remaining 4 units from step 2 to the squares C. Press toward the C squares.



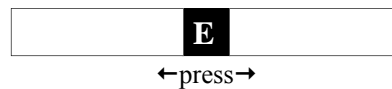
5. Match up edges and seams and stitch the units from step 4 to make 4 squares, 5 3/4" x 5 3/4". Press toward the squares C.



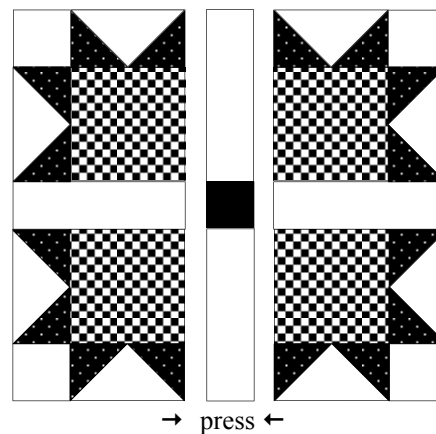
6. Match up edges and seams and stitch the units from step 5 to two of the rectangles F as shown. Press toward the rectangles F.



7. Stitch the remaining rectangles F to opposite sides of square E. Press toward the F's.



8. Match up edges and seams and stitch the last two seams as shown. Press toward the center strip.



This block is a variation of the commonly known **Bear's Paw** which was also published under the name **The Best Friend** by Ruth Finley in the *Country Gentleman* in 1931. I turned two half square triangles into a flying geese unit and titled it **Best Friend**.

I recommend Barbara Brackman's *Encyclopedia of Pieced Patterns* and *Electric Quilt 5* and *Block Base*, computer software to research quilt blocks.

You can purchase the *Electric Quilt* and *Block Base* at, <http://www.electricquilt.com/>

and

Barbara Brackman's *Encyclopedia of Pieced Quilt Patterns* at http://www.americanquiltercatalog.com/spring_2008/lg_display.cfm?page_number=20.

Check out <http://quiltdoctor.blogspot.com/> for more free patterns

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