Many times throughout the history of America, there have been occasions when people have said that they would like to make changes to that most sacred of documents, the US Constitution. There is not an easy way to make a change; it has to be ratified by the senate and lots of people in congress. Therefore, making changes to the US Constitution is difficult, but necessary if we are to try and press forth as a society of people that loves freedom and liberty above objects such as money and power. **Thesis:** there should be an effort made to amend the constitution to allow for difficulties in negotiating race and sex relations in the workplace and in society in general because otherwise we are no better than Russia and we call ourselves free society.

If you were to draw a line from the capitol building of the United States all the way across the country to California, you would see a North and South division of the country, divided by the line you just drew. Ironically, the division seen by your line would be very similar to the division of the people on either side of that line as their opinions differ on many issues. Historically, the North has been a haven for people who call themselves "progressive," meaning, according to Miriam-Webster dot com, that ideal "of, relating to, or characterized by progress" (M-w.com). What does this confusing definition mean? Perhaps we are to look at the issue of progress from the point of view of persons who are interested in change. I think not. Many people like things just the way they are, and even if they are from the South maybe, their
ideas are valid and I think that prejudicing people from the south just because of their location is racist. This can be seen in Frederick Douglass's novel my bondage and my freedom where he explains many things that are seen, now, by the whites in society, as important to the time. Well, Frederick Douglass lived in the South, so people who say the South is full of stagnation and hicks, but then say Frederick Douglass is a great man, are hypocrites and need to realize that factor.

In the same way, Chinese Americans faced hardships when coming to America. Just like how Frederick Douglass had a hard time with things as he was forced to live under slavery, so too did Chinese people deal with crisis and mourn, denied their rights and even forced out of situations of their choosing. It is obvious that this is true. Anyone who feels otherwise is not aware of the obvious facts of the matter and, further, is an embarrassment to higher education.

Additionally, sometimes the issue of race crosses the racial foundries and begins to be felt in people of the white color. This can be seen in the reported cases of "reverse discrimination." "Reverse discrimination" is what happens when a white perceives he is being discriminated against by a black or by some other minority group. In actual though, there is no reverse discrimination because all discrimination is discrimination and it is wholly fallacious to assume that it is anything other than that. Those who do are simply trying to differentiate between "conventional" discrimination and that of those who are a sort of person atypically associated with being victims of racism. This is unfortunate, but unavoidable in our culture. Some day, hopefully, people will realize that no matter what color we all are, we are all an equal part of God's rainbow... black, white, brown, etc., and we all belong together in beauty and unity.

Unlike with issues of race, sometimes issues of sex can become important when others perceive their coworkers and neighbors as being objects of their attention. This can be bad
because it can inhabit the normal course of happiness and comfort ability in the work environment and in society at large. This is counter-productive, but to say that would be obvious and redundant. Since it is redundant, I will not belabor the point by saying it again and again. This should be obvious to anyone who has had to have a job and work with people of the opposite gender. Problems arise when people don’t know how to behave when others are around, and this can make things uncomfortable. To solve this problem, it is important to try and raise the comfort levels of everyone by saying and doing things that will calm the person in question, usually the one that is complaining about the incident. This person may be irrational. Many times, people overreact to these situations, even though they are important, because of their own emotional baggage and perhaps even emotional immaturity stemming from family problems, drug and alcohol dependence, or extensive hospitalization. This is understandable, and should be allowed for since not everyone can always help how he or she feels. Even though this, people should strive to help how they feel when they can, because to do otherwise is irresponsible and detrimental to our society as a whole, which can damage our schools and harm our children. This is a cogent goal for any member of this society, especially one who does not wish to create problems with others in his or her workplace or in society with members of the opposite sex. This should also be obvious.

In conclusion, we should try to fix the constitution to reflect that people have feelings and they deserve to not be offended in public by people like those that are called "unprogressive." Even this is a kind of "reverse discrimination," even though it doesn’t exist, because there is discrimination against Southerners and all other people in the South. This is not acceptable because in a free united society, we need to band together. Just like how Frederick Douglass felt about it. If we do nothing we are no better than the Fascists. And this is supposed to be a
democracy for the people by the people and of the people and shall not perish from this earth. There ought to be an amendment made to the US constitution because otherwise we have a society that is hypocritical and ignorant, and that should not be acceptable to anyone, except Fascists. We don’t deserve to be Fascists, so I think we should change. In conclusion, we should change our ways to allow for others to be free and peruse their dreams under God, indivisible, with liberty and justice for all.
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